

holistic therapies

JK Holistics

reconnect through massage

Massage can help us get in touch with ourselves. It can help provide a balance in the body that promotes a gentle, loving space to release deep held feelings and emotions. This positive release will lead to a new sense of equilibrium.

"When an ever increasing work schedule, career pressures and general health concerns, people are becoming more aware of the benefits associated with holistic therapies"

Jodi Kelly, Massage Therapist

Treatment	Duration	Price
Body Massage	30 minutes	£30
	60 minutes	£50
	90 minutes	£68
Packages:		
60 minute treatments	4 treatments	£180
	6 treatments	£252
	10 treatments	£400
Indulgence (Full body and Indian Head Massage)	90 minutes	£70
Mummy-to-be (Four full body massages; get one post natal treatment free!)	5 treatments	£225

Surprise someone you love with a relaxing massage from JK Holistics. Gift certificates are available for all treatments – give the gift of healing to someone special! Please view our website or contact us for more information.